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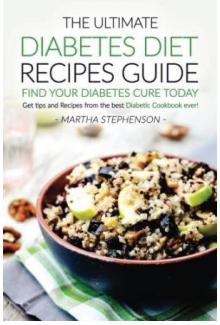

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The importance of diet in the reverse or cure of diabetes cannot be over-emphasized. As a matter of fact, healthy diet alone is the most important step to help reverse the complications attached to diabetes. Though, regular physical activities, in addition to healthy diet choices, can speed up the reversal of diabetes and help your body s insulin and sugar...

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- Authored by Martha Stephenson
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