



Neurofeedback and State Regulation in ADHD: A Therapy Without Medication (Paperback)

By Werner Van Den Bergh

Bmed Press LLC, United States, 2010. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. ADHD is the most common behavioral problem in children, and at least half of those diagnosed with this disorder will experience continued difficulties into adulthood. New scientific insights have emerged, especially in the last decade, into state regulation deficits and abnormal electrical brain activity in ADHD. Werner Van den Bergh, M.D. provides an expert analysis of these important developments that reveals novel explanations for the limited self-control and suboptimal adaptation in daily life that typifies ADHD, which family and teachers often perceived as a matter of poor will. Neurofeedback is a psychophysiological treatment that attempts to normalize the deviant brainwave activity and weakened state regulation in ADHD. The author synthesizes this revealing research from diverse scientific disciplines, which until now was lacking. The result provides readers with an insightful understanding of ADHD and neurofeedback along with an in-depth exploration of normal state regulation, self-control, and free will. This advanced look at ADHD and its treatment through neurofeedback is essential reading for psychologists, neurotherapists, psychiatrists, physicians, neurologists, and anyone interested to learn more about this complex disorder and its treatment. Originally...



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