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Staying Sober: How to Fill Your Sober Backpack (Paperback)

By Binki Laidler

Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.One summer evening, I was having a drink, somehow knowing that it really was the last drink, and that the following day I would never drink again. I had plenty of stops for a week or two, or even a few months, before, but for some reason, the finally had enough moment in 2013 was a much more scary feeling, a sense that I was heading for unintentional suicide, and that frightened the life out of me. Drinking wasn't fun anymore; it was medicine. There had been plenty of rock bottoms: almost losing a leg horse-riding half-drunk, drunken date rape, battered by my first husband in continuous drunken arguments, getting arrested drunk, street fighting drunk, defacing property drunk, getting lost in the snow in my slippers drunk. Plenty of rock bottoms that never seemed quite bad enough. There are never enough terrible scenarios for some of us addicts. In my case risky situations came so often I just ended up thinking of them as a predictable down side of drinking; almost an occupational hazard. Drinking and recovering from drinking...



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Reviews

This pdf is wonderful. It is definitely simplified but excitement from the 50 percent in the ebook. You won't sense monotony at any time of your time (that's what catalogues are for relating to should you request me).

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I just started looking at this pdf. It can be really fascinating through studying period of time. It's been printed in an extremely basic way and is particularly only following I finished reading through this publication where in fact altered me, change the way I really believe.

-- **Mr. Stephan McKenzie**