

## Boy s Growth Charts and User-Friendly Over Weight-Obesity Screening Tools: BMI Computation Is Not Required (Paperback)



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### Reviews

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 (Mr. Ari Powlowski)

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Createspace Independent Publishing Platform, United States, 2010. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The purpose of this booklet is to provide user-friendly (BMI computation is NOT required) and informative tools for parents, pediatricians, and school health officials to monitor a child s growth from birth to adulthood by observing early warning signs of under or over-weight growth problems. Parents are encouraged to take this booklet with them when visiting the child s pediatrician and record all relevant growth data. As the boys become teenagers, encourage them to record and monitor their growth directly. If the child s growth changes abruptly (crossing the percentile growth zones rapidly) or is under (below 5th ) or over (above 95th) percentile growth based on maximum or lower weight limits ( pages 13-14), talk to the child s doctor and take appropriate intervention measures. There is an 80 chance that an obese child becomes an obese adult. Please help in the battle of reducing childhood obesity by preventing your child from becoming over weight. A must have booklet for every parent.

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