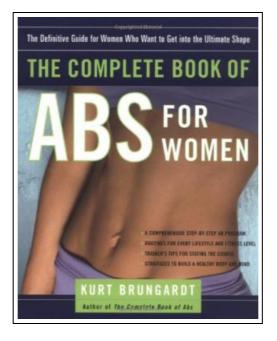
# The Complete Book of Abs for Women: The Definitive Guide for Women Who Want to Get into the Ultimate Shape



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