



Food and Femininity

By Kate Cairns, Josee Johnston

Bloomsbury Publishing PLC. Paperback. Book Condition: new. BRAND NEW, Food and Femininity, Kate Cairns, Josee Johnston, Over the space of a few generations, women's relationship with food has changed dramatically. Yet - despite significant advances in gender equality - food and femininity remain closely connected in the public imagination as well as the emotional lives of women. While women encounter food-related pressures and pleasures as individuals, the social challenge to perform food femininities remains: as the nurturing mother, the talented home cook, the conscientious consumer, the svelte and health-savvy eater. In Food and Femininity, Kate Cairns and Josee Johnston explore these complex and often emotionally-charged tensions to demonstrate that food is essential to the understanding of femininity today. Drawing on extensive qualitative research in Toronto, they present the voices of over 100 food-oriented men and women from a range of race and class backgrounds. Their research reveals gendered expectations to purchase, prepare, and enjoy food within the context of time crunches, budget restrictions, political commitments, and the pressure to manage health and body weight. The book analyses how women navigate multiple aspects of foodwork for themselves and others, from planning meals, grocery shopping, and feeding children, to navigating conflicting preferences,...



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Reviews

This publication may be really worth a go through, and a lot better than other. It really is written in simple terms and never difficult to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Natalie Abbott**

This book will not be simple to get going on reading but extremely exciting to read through. Yes, it can be playful, still an interesting and amazing literature. I am very easily could possibly get a delight of reading a written book.

-- **Rene Olson**