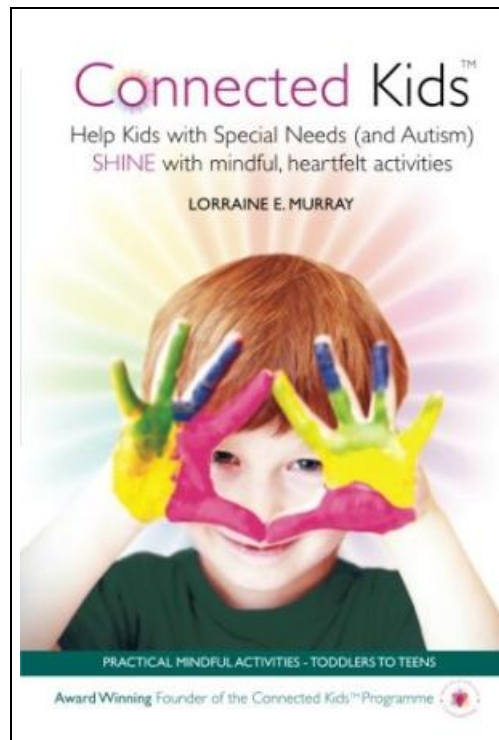


Connected Kids: Help Kids with Special Needs (and Autism) SHINE with mindful, heartfelt activities



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CONNECTED KIDS: HELP KIDS WITH SPECIAL NEEDS (AND AUTISM) SHINE WITH MINDFUL, HEARTFELT ACTIVITIES



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Connected Kids Ltd. Paperback. Condition: New. 258 pages. Dimensions: 9.0in. x 6.0in. x 0.7in. In this sequel to her best-selling book *Calm Kids*, author Lorraine Murray introduces a range of mindful, heart-felt activities to that will help children to teens learn to relax, de-stress and feel centered. You will discover how to develop bespoke tools that support children with special needs and those on the autistic spectrum. In this book you will: - learn how meditation can support brain development, emotional intelligence and improved learning - develop a bespoke meditation toolkit to help children and teens to reduce anxiety and stress - learn how to use meditation to problem solve and overcome challenges - read about worldwide research that supports the use of meditation for health and well-being - become empowered with mindful activities that help children to shine This book is ideal for educators, parents and professionals, especially those withworking with children with additional support needs. Lorraine E. Murray is the Managing Director of Connected Kids a worldwide programme that teaches adults how to teach kids meditation. She has been researching and teaching this since 2003 and is the author of *Calm Kids Help Children Relax With Mindful Activities*. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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