

## Let Your Kids Go Wild Outside: Creative Ways to Help Children Discover Nature and Enjoy the Great Outdoors



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**(Lorenz Vandervort)**

## LET YOUR KIDS GO WILD OUTSIDE: CREATIVE WAYS TO HELP CHILDREN DISCOVER NATURE AND ENJOY THE GREAT OUTDOORS

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CICO Books. Paperback. Book Condition: new. BRAND NEW, Let Your Kids Go Wild Outside: Creative Ways to Help Children Discover Nature and Enjoy the Great Outdoors, Fiona Bird, In an era when the iPad is often more appealing than the park, it can be difficult to encourage kids to get off the couch and go outside. In this inspirational book, with ideas for children of all ages, foraging expert Fiona Bird shows the value of playing outside and discovering nature for children and families alike. In Chapter 1, Conservation and Weather, Fiona teaches children about their environment, including conservation guidelines and tips on how to forecast the weather. Armed with this knowledge, the outside adventure begins In the Woods, Chapter 2, with outdoor crafts including leaf art bunting, a dream catcher and stick people. In Chapter 3, Meadows and Hedgerows, ideas include wild face paints and making potpourri. Onward to Chapter 4, Seashore, where children learn how to go beachcombing, play beach hopscotch and make a crab and shell wind chime. In Chapter 5, Wetlands, children get competitive in the Great Mud Pie Bake Off and learn to do an animal track and poop hunt! For those who don't want to move far from home, there's plenty to do in the Backyard Station, Chapter 6, such as making a snail holiday village and attracting bugs. In My Wild Kitchen, Chapter 7, children develop their hunting and gathering skills with seasonal recipes made from natural ingredients, such as dulse scones and summer and autumn fruit curds. So let your kids go wild outside, and enjoy watching them learn and blossom.



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