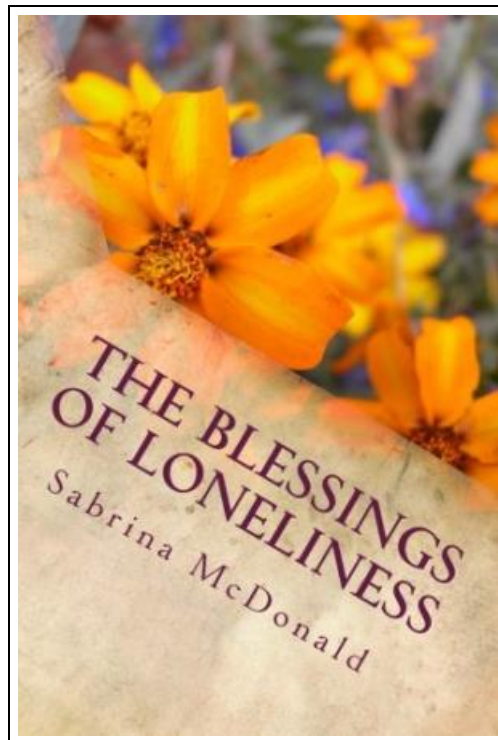


## The Blessings of Loneliness: Reaching Within the Pain to Find Contentment in Christ



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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Sabrina McDonald s book The Blessings of Loneliness suggests that those who experience loneliness don t need to pursue marriage as the ultimate answer to their hurt, but they need to embrace the blessings that come through the pain. Having dealt with loneliness as a single woman and again as a widow for more than three years, McDonald proposes that loneliness itself is not a blessing, but the fruit that comes through it is. So many Christians forget that God calls His people to the low places. He calls us to be humble and meek. He even calls us to give up everything to follow Christ. None of these come easily, and they often require pain. But we ve been promised recognition, grace, inheritance, and everlasting life in return. The same is true for the pain that comes through loneliness. Feelings of rejection and relational hurt force a person to die to his own desires, reach out to others, and find intimacy in Christ, but in return, God has promised a life filled with blessings if we reach within the pain and put our trust in Him. In The Blessings of Loneliness, McDonald encourages singles to see marriage as a calling, not a cure. She also encourages them to see singleness as a calling, and to take advantage of their time in order to reach others with the love of Christ. Throughout the book, McDonald uses her own experience and testimonies of others to prove that loneliness can bring about the abundant life. She uses scripture to back up her words of inspiration and wisdom, and each chapter contains practical steps that lead the lonely single down the...



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