



## 5 S.T.E.P.S. to Being Your Own Patient Advocate (Paperback)

By Cristy L Kessler

Buckskin Books, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Cristy Kessler should be dead. The fact that she s not is because she took charge of her own medical care. When she took it upon herself to find out why she had spent her lifetime battling pain and illness, Kessler embarked upon a journey of discovery in which she endured multiple treatments and procedures that resolved some, but not all, of her issues. Finally, armed with a diagnosis of multiple autoimmune diseases, she took charge and, with the help of a powerful team of doctors, Kessler identified the treatment that could save her life, a treatment denied by her insurance company and prohibited in the United States by the FDA. As Michael Seres, author of the blog, Being a Patient Isn t Easy, and a transplant survivor himself, says in the Foreword, With her book, she has been able to articulate in a very simple way the critical steps that every patient living with a long-term condition should abide by. She writes with complete honesty and lovely touches of humour.this is a book every single patient should read at least once....



## Reviews

Very beneficial to all category of folks. We have study and that i am sure that i will planning to go through yet again again in the future. Its been printed in an extremely straightforward way in fact it is just soon after i finished reading this pdf where actually changed me, alter the way i really believe.

-- Emmett Mann

Comprehensive information! Its this sort of great go through. It really is rally interesting through studying time. I am just quickly can get a satisfaction of looking at a created pdf.

-- Alexandra Weissnat