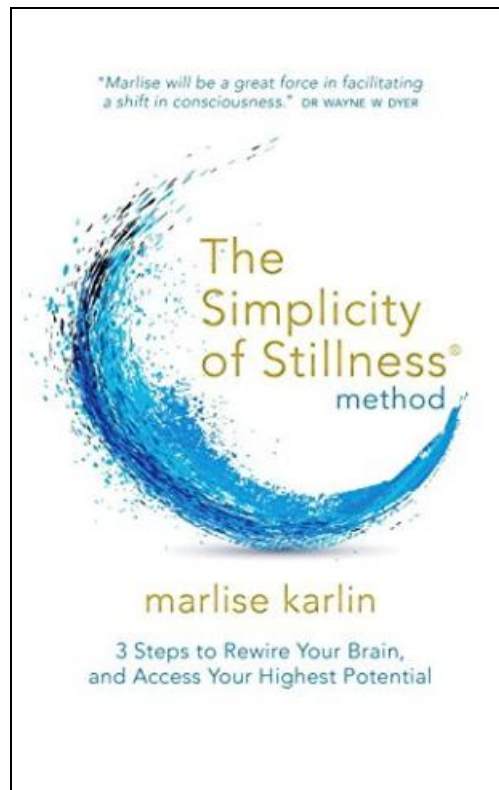


## The Simplicity of Stillness Method 3 Steps to Rewire Your Brain, and Access Your Highest Potential



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