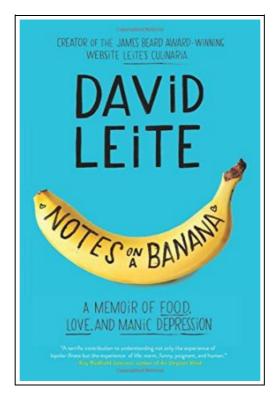
Notes on a Banana: A Memoir of Food, Love, and Manic Depression (Paperback)



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Reviews

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NOTES ON A BANANA: A MEMOIR OF FOOD, LOVE, AND MANIC DEPRESSION (PAPERBACK)



HarperCollins Publishers Inc, United States, 2018. Paperback. Condition: New. Reprint. Language: English . Brand New Book. A FINALIST FOR THE NEW ENGLAND BOOK AWARD FOR NON FICTION A PASTE BEST BOOK OF THE YEAR ONE OF TIMEOUT NEW YORK S BEST SUMMER BEACH READS OF 2017 ONE OF REAL SIMPLE S 25 FATHER S DAY BOOKS THAT COVER ALL OF DAD S INTERESTS The stunning and long-awaited memoir from the beloved founder of the James Beard Award-winning website Leite's Culinaria-a candid, courageous, and at times laugh-out-loud funny story of family, food, mental illness, and sexual identity. Born into a family of Azorean immigrants, David Leite grew up in the 1960s in a devoutly Catholic, blue-collar, food-crazed Portuguese home in Fall River, Massachusetts. A clever and determined dreamer with a vivid imagination and a flair for the dramatic, Banana as his mother endearingly called him, yearned to live in a middle-class house with a swinging kitchen door just like the ones on television, and fell in love with everything French, thanks to his Portuguese and French-Canadian godmother. But David also struggled with the emotional devastation of manic depression. Until he was diagnosed in his mid-thirties, David found relief from his wild mood swings in learning about food, watching Julia Child, and cooking for others. Notes on a Banana is his heartfelt, unflinchingly honest, yet tender memoir of growing up, accepting himself, and turning his love of food into an award-winning career. Reminiscing about the people and events that shaped him, David looks back at the highs and lows of his life: from his rejection of being gay and his attempt to turn straight through Aesthetic Realism, a cult in downtown Manhattan, to becoming a writer, cookbook author, and web publisher, to his twenty-four-year relationship with Alan, known to millions of...

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