



Walking a Sacred Path: Rediscovering the Labyrinth as a Spiritual Practice

By Lauren Artress

Riverhead Trade. Paperback. Book Condition: New. Paperback. 240 pages. Dimensions: 7.8in. x 4.4in. x 0.7in. Walking the Labyrinth has reemerged today as a metaphor for the spiritual journey and a powerful tool for transformation. This walking meditation is an archetype, a mystical ritual found in all religious traditions. It quiets the mind and opens the soul. Walking a Sacred Path explores the historical origins of this divine imprint and shares the discoveries of modern day seekers. It shows us the potential of the Labyrinth to inspire change and renewal, and serves as a guide to help us develop the higher level of human awareness we need to survive in the twenty-first century. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



[READ ONLINE](#)
[1.55 MB]

DOWNLOAD



Reviews

The publication is fantastic and great. It really is basic but shocks from the 50 percent from the ebook. Its been written in an remarkably easy way in fact it is only soon after i finished reading this ebook in which really changed me, alter the way in my opinion.

-- **Jayme Kuhlman**

Very helpful for all type of individuals. It is amongst the most incredible ebook i have got study. I am just very easily could get a satisfaction of reading a composed publication.

-- **Mikayla Romaguera**