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Using Transformative Learning as a Framework for Women and Running
 Transformative Learning One Step at a Time



LAP Lambert Academic Publishing Jan 2012, 2012. Taschenbuch. Book Condition: Neu. 220x150x15 mm. This item is printed on demand - Print on Demand Neuware - This qualitative narrative inquiry explores learning and change in women s self-perceptions through regular participation in running. In-depth interviews of 11 adult women who had been running between 1 to 4 years were conducted. Based on the interviews, a unique narrative was created for each participant. Using the lens of transformative learning, transcripts of the...

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- Authored by Dina Hayduk
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