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GOLDEN ELIXIR CHI KUNG (PAPERBACK)



Inner Traditions Bear and Company, United States, 2005. Paperback. Condition: New. 2nd Rev ed.. Language: English . Brand New Book. Techniques for preparing and using the Golden Elixir to achieve optimum health and spiritual vitality -Includes practical exercises and postures to produce regenerative effects in one s own saliva -Reveals how combining saliva with the hormonal fluids released during sexual practices creates the Elixir of Immortality Golden Elixir is the fountain or water of life. It is the combination of...

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- Authored by Mantak Chia
- Released at 2005



Reviews

This book is definitely worth acquiring. I have go through and so i am certain that i will likely to read through again again in the future. Its been printed in an exceptionally basic way in fact it is only after i finished reading this publication in which actually altered me, change the way in my opinion.

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