



Tu Hijo, Tu Espejo (Paperback)

By Martha Alicia Chavez

Vintage Books USA, 2011. Paperback. Condition: New. Language: Spanish . Brand New Book. El libro que sigue abriendo corazones y tocando las fibras de sus lectores Los padres proyectamos en nuestros hijos nuestras expectativas de vida, nuestras frustraciones, nuestros problemas sin resolver de la infancia o adolescencia, nuestros si hubiera y nuestras necesidades insatisfechas, esperando inconscientemente que ellos se conviertan en una extension de nosotros mismos y que cierren esos asuntos inconclusos. Conocer la parte oculta de nuestra relacion, comprender por que ese hijo, especificamente ese, nos saca tan facilmente de nuestras casillas, por que lo presionamos con tal insistencia para que haga o deje de hacer, nos abre la puerta a la posibilidad de un cambio profundo en nuestra relacion con el. Darnos cuenta de esto contribuye a transformar los sentimientos de rechazo, rencor y su consecuente culpa, que pueden resultar devastadores, facilitando el paso al unico sentimiento que sana, une y transforma: el amor.

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