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The Gourmet Japanese Cookbook: Amazing Japanese Recipes for the Everyday Cook! (Paperback)

By the Tasty Table

Createspace, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The Gourmet Japanese Cookbook: Amazing Japanese Recipes For The Everyday Cook! The Orient is revered as a place of unparalleled health, wisdom and vitality, something that us as Westerners seek to harness. But what is their secret? of the Japanese especially? Could it be the food they eat? or could it just be good genetics? Whatever it is, it has long intrigued us. But what if you were told that their diet, was the primary source of their health? and that you too, could enjoy the many delicacies they eat, on a daily basis, without going to the most expensive gourmet restaurant in town? Well now you can with this book, The Gourmet Japanese Cookbook: Amazing Japanese Recipes For The Everyday Cook! You can expect to find delectable Japanese cooking specialties such as: -Yakisoba Chicken -Yakitori Chicken -Shoyu Chicken -Chicken Katsu -Sesame Seared Tuna -Miso Soup -Curry Wafuu -Grilled Japanese Swordfish Along with many succulent Japanese desserts, Japanese Sweets recipes, and other Japanese Cuisine Heck, transitioning to a complete Japanese diet may not be such a bad idea! What are you waiting for?...



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