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## 100 DAY TEAR-OFF DIET COUNTDOWN CALENDAR



Transcription International. Paperback. Book Condition: New. Paperback. 210 pages. Dimensions: 8.5in. x 8.5in. x 0.5in. Need a little help sticking with your diet? Looking for an easy-to-use daily diet motivator? Stay motivated and count down the days with the easy-to-read, hangable 100 Day Tear-Off Diet Countdown Calendar. Boosts your diet willpower every day! Suitable for virtually any diet plan. Counts down from 100 Days Left to 0 Days Left, one page per day. Convenient size and weight...

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