



Confidence: The Secret (Paperback)

By Katie Piper

Quercus Publishing, United Kingdom, 2018. Paperback. Condition: New. Language: English . Brand New Book. Confidence is about empowerment. It s about valuing who you are, not what you want to do or how you look. It s about finding the courage to live the life you want, the way you want. Don t look for happiness in other people, find it in yourself. Katie Piper Katie Piper is Britain s most inspiring woman: a campaigner, a bestselling author, a mother, and a role model to us all as a voice of recovery and resilience. Since the acid attack that left her severely burned, she has refused to give her attackers the satisfaction of being the girl whose life they ruined - and she has emerged the other side happier, braver and more confident than ever. Katie shares her experiences, advice and encouragement to help build up self-esteem and find true happiness. Join Katie on her journey to confidence - with her guidance, you can achieve the things you might never have thought possible. When it comes to confidence, we could all take a leaf out of Katie s book. She has overcome more than anyone else I know CHERYL Katie...



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