Find Book

SURVIVING A SEASON: ESSENTIAL ADVICE FOR YOUNG ATHLETES, COACHES, AND PARENTS ON STAYING HEALTHY AND AVOIDING SPORTS INJURIES

SURVIVING A SEASON



Bookstand Publishing. Paperback. Condition: New. 98 pages. Dimensions: 8.3in. x 5.3in. x 0.3in.Over the course of the past two decades, sports injuries among children, teenagers, and young adults have increased at an alarming rate. In SURVIVING A SEASON, sports medicine specialist Dr. Michael DeFranco explains the important issues surrounding these injuries. This invaluable resource is a basic guide for young athletes, parents, and coaches on how to stay healthy and enjoy sports without getting hurt. This item ships from multiple...

Read PDF Surviving a Season: Essential Advice for Young Athletes, Coaches, and Parents on Staying Healthy and Avoiding Sports Injuries

Authored by M. D.
Released at -



Reviews

Great e-book and beneficial one. I am quite late in start reading this one, but better then never. You may like how the author publish this ebook. -- Mr. Alexandro Lemke MD

It in a of the best publication. It really is rally intriguing through reading through period of time. You will not feel monotony at anytime of your own time (that's what catalogs are for relating to in the event you request me). -- Dr. Pat Hegmann

Related Books

- Harts Desire Book 2.5 La Fleur de
- Love
- Summer Fit Preschool to Kindergarten Math, Reading, Writing, Language Arts Fitness, Nutrition and
- Values
- Molly on the Shore, BFMS 1 Study

 score
- DK Readers Plants Bite Back Level 3 Reading
- Alone
- DK Readers Robin Hood Level 4 Proficient Readers