

## How to Make Organic Dairy Products: Feel the Difference with Homemade Yoghurt, Butter and Different Kinds of Cheese (Paperback)



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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. How to Make Organic Dairy Products: Feel the Difference with Homemade Yoghurt, Butter and Different Kinds of Cheese This book, How to Make Organic Dairy Products, is a great guide on how to save money and time, while still benefitting from the goodness of organic dairy products. There are very few single foods that can match milk or any one of its products in their nutritional value. Adults and children who consume dairy products are able to remain healthy for long even when they are unable to access other rich foods. That is why milk is one of the valuable items that are distributed by charities in hunger stricken areas and war zones, or is added as a dry ingredient in other foods. Milk, whether fresh or sour, is rich in proteins, vitamins, niacin, minerals, and other nutrients essential to the body. Likewise, products made out of milk - dairy products - are also rich in nutrition. Many of them are not only delicious but are also portable and easy to store. Owing to the benefits and advantages of dairy products, and particularly the organic dairy products, their prices are often high. It is, therefore, worth learning how to make your own organic dairy products, and you can enjoy the products at a reasonable cost and at your convenience. This book not only teaches you how to make organic dairy products like yoghurt, butter and cheese, but it also teaches you how to make the products suitable for people who are intolerant to lactose. Read on. Download your E book How to Make Organic Dairy Products: Feel the Difference with Homemade Yoghurt, Butter and Different Kinds of Cheese Buy Now with...



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