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THE MONK AND THE WARRIOR IN THE GARDEN OF RENEWAL: SEARCHING FOR MEANING, MIND, WORK

The Monk and the Warrior in the Garden of Renewal

RICHARD BROWER

UNIVERSITY PRESS OF AMERICA

University Press of America. Paperback. Condition: New. 550 pages. Dimensions: 9.3in. x 6.4in. x 1.1in.This book is a structural analysis of creativity. It proposes that there are five essential, recursive, confluent macrosystems that require interconnectedness and intentional evolution for the fruition of creativity, of mastery, of self-efficacy, and of spiritual self-growth. The five systems are: (1) knowledge, (2) mental operations, (3) rich emotional worlds, (4) a sense of purpose, and (5) connecting with others. This text includes an overview of...

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