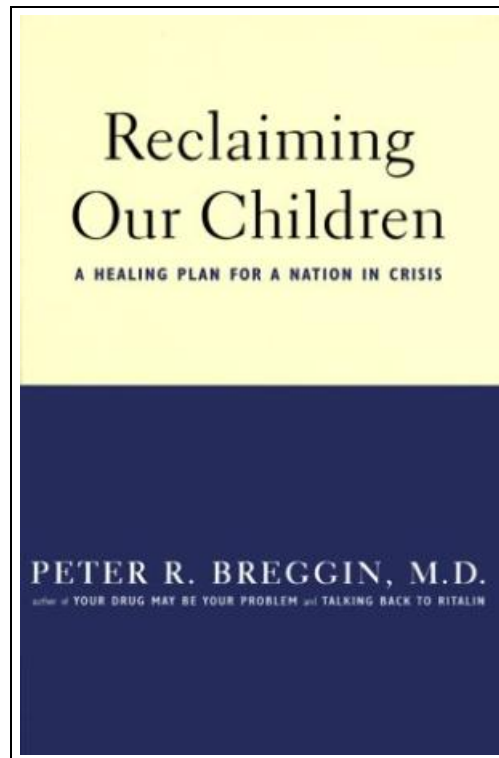


## Reclaiming Our Children: the Healing Solution for a Nation in Crisis



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## RECLAIMING OUR CHILDREN: THE HEALING SOLUTION FOR A NATION IN CRISIS



Perseus Books, Reading, Massachusetts, U.S.A., 2000. Hardcover. Condition: New. No Jacket. From Booklist: Breggin, a medical doctor, explores the issues behind some of the recent troubling behavior of American youth as well as the changing adult attitudes toward children. He starts by examining the Columbine shootings and branches into other distress signals from youth, including the long and sorrowful history of urban youth violence. Breggin views the slow and uncoordinated response to Columbine as a metaphor for the nation's inability or unwillingness to come to grips with the sociological and psychological problems of youth: divorce, racism, alienation, and isolation caused by technology, drug abuse, and neglect. Breggin cautions against relying on counseling and drug therapy to address societal ills, as was suggested in the wake of Columbine. (As it turns out, the shooters had already been involved in counseling and drug treatment. ) The nation is addressing troubled youth by "using drugs the way gardeners use herbicides, " he writes. Instead, Breggin makes recommendations for improving schools, reducing stress on children, and enhancing parent-child relationships, in short, for reclaiming responsibility for parenting children. Vanessa Bush Book Info Reveals the way to lasting peace with and among children starting with a dramatic shift in adult priorities placing children at the center of our lives. Demonstrates how to create loving, discipline, and engaging relationships with all of our children if we make the time. About the Author Peter R. Breggin, M.D., is the author of over a dozen books, including the best-selling Talking Back to Prozac and Your Drug May Be Your Problem. The International Director of the Center for the Study of Psychiatry and Psychology, he lives in Bethesda, Maryland.



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