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## Healing Waters

By Wendy Torres

Kudu Publishing, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This world is broken, and its inhabitants are broken as well. Whether from the loss and wounds of divorce, the crushing weight of grief, the hollow pain of loneliness, people often suffer in silence without hope of restoration. In Healing Waters, biblical counselor Wendy Torres offers practical tools based in the truth of scripture to help struggling Christians take progressive, well thought out steps in a journey toward emotional recovery. With insight and sensitivity, Wendy provides a guide to healing, making use of hands-on activities, prayers, meditation on scripture, affirmations and spiritual exercises that expose the enemy's lies, build faith and develop patterns that establish life-long vitality. Wendy begins by encouraging readers to tell their stories, uncovering the wounds of the past. She then guides them in understanding the mercy of God and His unfailing love. Building upon a foundation of God's character, Wendy points readers to honestly assess the patterns of thoughts, words and actions that hinder the healing God has for them. Whether facing their own struggles or helping others on the road...



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