



Death, Dying and Dessert: Reflections on Twenty Questions about Dying (Paperback)

By Susan Abel Lieberman Ph D

Casa de Palabras, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. It is so human to want to deny death. Even if we understand we are likely to die, we don't expect it to happen in our lifetime. Denial isn't a bad strategy. * after we have given careful thought to what we want in a healthcare crisis, * after we have stepped aside from denial long enough to put in place the legal documents that can save chaos, grief and, often, unnecessary expense when we die, * after we have talked with our families and doctors about our wishes. Death, Dying and Dessert. Reflections on Twenty Questions About Dying is a book for healthy adults of all ages. It makes it easy to work through the organizational, emotional and spiritual issues that can reduce anxiety about end-of-life. There is wisdom, warmth and humor in this accessible and useful book. Read it, make notes, find clarity and take action. And then be kind enough to hand a copy to family members and friends so they, too, won't let denial cause unnecessary difficulty. Talking about death is not dangerous...



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