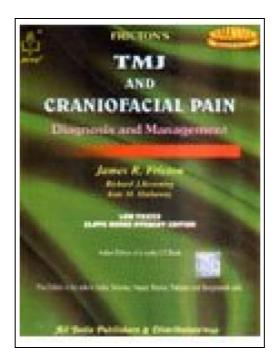
Mind and Body



Filesize: 7.65 MB

Reviews

It in a of my personal favorite ebook. It is probably the most awesome publication i have read through. You wont really feel monotony at anytime of the time (that's what catalogs are for regarding in the event you check with me).

(Juliet Kertzmann)

MIND AND BODY



Gyan Books Pvt. Ltd., 2002. Hardcover. Book Condition: New. This work is a significant guide to a new way of looking at life, a way proven to lead to Higher levels of awareness and satisfaction. In fact The Author explains that the proper way to understand these states of inner Discovery is through discipline of mind and body. He emphasises that the methods of Meditation and chanting can lead us to successful inner journey and self-discovery. The book is written for those persons who seek happiness and heavenly bliss. Thus its comprehensive contents will richly serve the Purpose of the entire humanity including Hindus, Christians, Buddhists and others. Besides this work will satisfy those people who think that Religion is insensitive to human ills and social crimes do not appeal to the modern man. The theme has been well-weaved into fourteen chapters having deep bearing on numerous aspects as explained above. Contents: Preface 1. THE Higher BODY ELEMENT IN MAN: THE ASTRAL CONNECTION: Mind and Body; Man's Other Bodies; The Astral Body; The Mental Body; The Spiritual Body. 2. BASIC UNITS OF THE BODY: Where Does the Cell Get its Energy From?; What is the Internal Environment of the Body?; How is the Body Organized?; Nervous System; The Endocrine System; The Respiratory System; The Circulatory System; The Digestive System; The Reproductive System. 3. THE FORCE CENTER OR Chakra: Root or Basic Chakra; Spleen Chakra; Navel or Umbilical Chakra; Heart or Cardiac Chakra; Throat or Laryngeal Chakra; Bow or Frontal Chakra; Crown or Coronal Chakra; Immune Basic; Chakras and the Immune System. 4. Forces ACTING IN THE CHAKRAS: Kundalini; The Marriage of the Forces; Cells of Consciousness; Center of Consciousness. 5. THE DYNAMIC AND PSYCHIC FORCES PRESENT IN Nature; Vitality; Psychic Forces; Psychics and...



You May Also Like



Hands Free Mama: A Guide to Putting Down the Phone, Burning the To-Do List, and Letting Go of Perfection to Grasp What Really Matters!

ZONDERVAN, United States, 2014. Paperback. Book Condition: New. 211 x 137 mm. Language: English . Brand New Book. Rachel Macy Stafford s post The Day I Stopped Saying Hurry Up was a true phenomenon on...

Download eBook

»



The Well-Trained Mind: A Guide to Classical Education at Home (Hardback)

 $WW\ Norton\ Co,\ United\ States,\ 2016.\ Hardback.\ Book\ Condition:\ New.\ 4th\ Revised\ edition.\ 244\ x\ 165\ mm.\ Language:\ English\ .\ Brand\ New\ Book.\ The\ Well-Trained\ Mind\ will\ instruct\ you,\ step\ by\ step,\ on\ how\ to...$

Download eBook

»



The Official eBay Guide: To Buying, Selling and Collecting Just About Everything

Simon & Schuster Ltd. Paperback. Book Condition: new. BRAND NEW, The Official eBay Guide: To Buying, Selling and Collecting Just About Everything, Laura Fisher Kaiser, Michael Kaiser, Omidyar, Pierre, HAPPY HUNTING(TM) ON eBay Aunt Fannie's...

Download eBook

>>



Genuine] Whiterun youth selection set: You do not know who I am Raoxue(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date: 2012-08-01 Pages: 254 Publisher: rolls of publishing companies basic information title:...

Download eBook

»



A Parent s Guide to STEM

U.S. News World Report, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ****** Print on Demand ******. This lively, colorful guidebook provides everything you need to know...

Download eBook

»