



Ed Parker s Guide to the Nunchaku

By Edmund Kealoha Parker Sr

Createspace, United States, 2013. Paperback. Book Condition: New. 203 x 137 mm. Language: English . Brand New Book ***** Print on Demand *****.During early 1975, Ed Parker Sr. undertook to complete another masterful work on a specific Martial Arts topic--the Nunchaku. Made famous by the late Bruce Lee in the motion picture Enter the Dragon and often referred to as chucks or Karate sticks, Ed shared a history of this man made weapon, for the first time. Acknowledged by the Martial arts weapons expert Tadashi Yamashita, as the best book on the subject, it should be on the bookshelf of every Karateka. Curtis Wong, publisher of the internationally acclaimed Inside Kung-Fu Magazine said it was a must for all practitioners. After a brief introductory history of the nunchaku, Ed elaborated on the need for modern day adaptations of this ancient agricultural implement. Revealing for the first time, his own dynamic nunchaku techniques, with catches and movements capable of creating one startling impact after another. Fantastic Kenpo innovations were illustrated using extensive charts, diagrams, illustrations and hundreds of step by step photographic sequences. Ed executed practical self defense techniques against a multitude of unarmed and armed attacks. It is interesting to...



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