



DOWNLOAD



I Love Me: Self-Esteem in Seven Easy Steps (Hardback)

By Elisha, Elyssa

Morgan James Publishing, United States, 2014. Hardback. Book Condition: New. 222 x 218 mm. Language: English . Brand New Book ***** Print on Demand *****.Statistics show that up to 90 of children in the U.S.A. struggle with low self-esteem. 75 of boys and girls with low self-esteem are reportedly participating in harmful activities. Every 7 minutes a child is bullied! Written and beautifully illustrated by 9 and 10 year old sisters, I Love ME! is an easy, fun guide for boys and girls 7-12 to develop self-confidence in 7 simple, yet powerful steps. Through personal stories, fun exercises, affirmations, and practical tips, I Love ME! teaches and inspires kids and tweens to have the courage to love themselves, take care of themselves, choose well, be grateful, believe in themselves, be more, and give back so they can be happier, more successful, and bully-proof! In this book, kids and tweens will discover: 1. Their own uniqueness and many talents so they can be empowered to dream big 2. Why it is important to love their body and take care of it 3. How to make choices that help them live a life with fewer regrets 4. A fun, original, creative game...



READ ONLINE

[4.22 MB]

Reviews

Complete guideline! Its this type of great read through. it absolutely was writtern quite perfectly and helpful. I am very happy to explain how this is basically the best book i actually have read through during my personal life and can be he very best book for at any time.

-- Joshua Gerhold PhD

A very awesome book with perfect and lucid reasons. It really is basic but shocks within the 50 percent of the book. Its been designed in an exceptionally easy way and is particularly merely right after i finished reading this ebook where in fact changed me, change the way i think.

-- Meagan Roob

Related eBooks



Children s Educational Book: Junior Leonardo Da Vinci: An Introduction to the Art, Science and Inventions of This Great Genius. Age 7 8 9 10 Year-Olds. [Us English]

Createspace, United States, 2013. Paperback. Book Condition: New. 254 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****.ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to expand and inspire young minds; this is...



Children s Educational Book Junior Leonardo Da Vinci : An Introduction to the Art, Science and Inventions of This Great Genius Age 7 8 9 10 Year-Olds. [British English]

Createspace, United States, 2013. Paperback. Book Condition: New. 248 x 170 mm. Language: English . Brand New Book ***** Print on Demand *****.ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to expand and inspire young minds; this is...



Readers Clubhouse Set B Time to Open

Barron s Educational Series, United States, 2006. Paperback. Book Condition: New. 222 x 148 mm. Language: English . Brand New Book. This is volume nine, Reading Level 2, in a comprehensive program (Reading Levels 1 and 2)for beginning readers. Two nine-book sets...



The Three Little Pigs - Read it Yourself with Ladybird: Level 2

Penguin Books Ltd, United Kingdom, 2013. Paperback. Book Condition: New. 222 x 150 mm. Language: English . Brand New Book. In this classic fairy tale, the three little pigs leave home and build their own houses - one of straw, one of...



The Story of Christopher Columbus

DK Publishing, United States, 2001. Paperback. Book Condition: New. American.. 222 x 146 mm. Language: English . Brand New Book. Find out how explorer Christopher Columbus survived great danger on the high seas on his voyages to the New World. Longer sentences...



Oxford Phonics Spelling Dictionary

Oxford University Press, United Kingdom, 2013. Paperback. Book Condition: New. 274 x 218 mm. Language: English . Brand New Book. The Oxford Phonics Spelling Dictionary is an easy home and school reference tool. It supports the teaching of reading and spelling through...