



Soul Excelsior (Paperback)

By Gabriella Flores

Balboa Press, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.When we carry pain inside of ourselves, we believe no one understands this pain. This pain can only be described as a deep sadness or anguish. From my own experience, I promise you this is only temporary. You have inside of yourself all of the training, all of the experiences, all of the energy, and all of the known information that you require to succeed in anything you want in this particular life. You must learn to accept yourself for who you are, what you are, and expect that the best lies within you. After you've done all of that, you will rise again with new hope and a greater outlook. It is the symbol of the phoenix or butterfly transforming into something amazing. SOUL EXCELSIOR is the self-help book for anyone who wants to improve their lives.



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