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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Paleo Diet For Beginners: Why It Works? How To Start Losing 1 Lb In 1 Day With Paleo Diet? Everyone has heard about the Paleo diet and it is easy to find a great deal of information about this type of eating and living. Some of the resources you come across are sure to be filled with usable...

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- Authored by Tracy Bowman
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