



How to Do Groups (Paperback)

By William H. Friedman

Jason Aronson Inc. Publishers, United States, 1996. Paperback. Condition: New. 2nd ed.. Language: English . Brand New Book. This book is for clinicians who are new to the practice of group therapy as well as for experienced group therapists who would like to review critical aspects of their work. It is a road map guiding the clinician through the details of starting a group, including such important issues as how to get a patient who has come seeking individual therapy to accept referral for group therapy. This common problem, seldom discussed in the group therapy literature, is dealt with in detail. Guidelines are provided for doing screening interviews and for conducting the initial session of a new group. The therapist is guided toward what to pay attention to during a group therapy session, how to formulate therapeutic interventions, and when to express them. Theory is introduced only after a discussion of the practical issues involved in getting a group started. For clinicians who feel the pressure to perform and the urgent need for skill acquisition, the facilitative role of theory in enhancing technical skill is explained. A chapter on Freud's theory of groups, which differs from psychodynamic theories of...



[READ ONLINE](#)
[5.01 MB]

Reviews

This book is great. I have go through and so i am confident that i will going to read through once again again in the future. I am just easily can get a satisfaction of looking at a written book.

-- Miss Vernie Schimmel

The book is easy in study easier to comprehend. I have study and that i am certain that i will gonna read once again once again in the foreseeable future. Your lifestyle span will likely be transform the instant you comprehensive reading this pdf.

-- Dr. Jaydon Mosciski