



## More Than Beans and Butties: A Student s Guide to Cooking and Independent Living (Paperback)

By Gill Madden

Lulu.com, United Kingdom, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This book is much more than just another student cookbook. It s a helpful resource for anyone, young and not so young, who is not confident in using and understanding basic cookery skills and processes. It contains an extensive range of simple tried and tested recipes, with clear explanations of techniques and processes, carefully selected to give a range of healthy, easily prepared meals within a reasonable budget. In addition to food preparation and cooking, this book has a chapter on living independently and covers areas such as laundry, changing plugs, unblocking drains, simple sewing and health and wellbeing. The author has been a Home Economics teacher for 36 years, teaching pupils from age 5-18 years, and her book draws on experience gained in the classroom, the recipes have been written in an easy-to-follow manner. It s hoped that readers will develop the confidence and skills for successful food preparation and cooking bringing them happy, healthy and independent living.



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### Reviews

*This book will never be straightforward to start on reading through but quite enjoyable to learn. Better then never, though i am quite late in start reading this one. Your lifestyle span will probably be convert once you complete reading this publication.*

-- **Dr. Kadin Hane DVM**

*This publication may be worth purchasing. it was actually writtern quite flawlessly and valuable. I am just happy to tell you that this is actually the very best book i actually have study inside my personal life and can be he best ebook for actually.*

-- **Frank Nienow**