



Essential Oils: Ancient Medicine (Paperback)

By Josh Axe, MR Jordan Rubin, Ty Bollinger

Destiny Image Incorporated, 2018. Paperback. Condition: New. Reprint. Language: English . Brand New Book. Transform Your Health with the Power of Essential Oils Instead of relying on prescription medications with numerous dangerous side effects, what if you could opt for a safer, natural alternative to address your health concerns? And instead of using common household cleaners and personal care products that contain toxic ingredients, what if you had access to superior alternatives that could achieve the same--or even better--results without the risk of damaging your body? In the quest to help people around the world achieve health and vibrant living, health experts and bestselling authors Dr. Josh Axe, Jordan Rubin, and Ty Bollinger have joined forces to share this important message: Essential oils are one of the most powerful forms of plant-based medicine in the world, and they may be the crucial missing piece of your wellness program. Essential oils can serve many different functions in your life--from fostering relaxation and caring for minor cuts and scrapes to helping fight disease and promoting healing. In fact, essential oils have been proven to: Reduce toxicityBalance hormonesImprove digestionBoost energyAlleviate aches and painsImprove brain functionReduce emotional stressPromote radiant skinBoost immunity and fight infectionsAnd...



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This book is definitely worth acquiring. I have go through and so i am certain that i will likely to read through again again in the future. Its been printed in an exceptionally basic way in fact it is only after i finished reading this publication in which actually altered me, change the way in my opinion.

-- Andres Bashirian

Comprehensive guide for publication fanatics. This really is for all who statte there had not been a well worth reading through. I discovered this ebook from my dad and i encouraged this book to find out.

-- Lacy Goldner