

Simple Sourdough: How to Bake the Best Bread in the World (Paperback)



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Reviews

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Simple Productions, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. *****THIS IS A SHORT, NOT A FULL-LENGTH BOOK!!!***** This booklet tells how to make the best bread in the world. And it s made from only wheat, water, and salt! You ll love this tasty, wholesome, easy-to-make bread from a tradition thousands of years old. In fact, it may spoil you for all other bread! // Mark Shepard is the author of several books on simple living and nonviolent social change, and also on the flute. // CONTENTS The Starter The Ingredients The Sponge The Two Things You Must Always Remember The Dough The Rising The Baking Final Facts // A NOTE FROM THE AUTHOR I first learned to love this bread while visiting the Community of the Ark, a utopian society founded in France by an Italian disciple of Gandhi. On my return home, a friend taught me how to make the same bread -- or pretty close. Some further experimenting ended up with the method in this booklet. If you ve made other breads, you ll find it refreshingly simple. No matter how much of this bread I ve eaten, I ve never grown tired of it.

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