



Slow Guide: London (Paperback)

By Robin Barton, Hayley Cull

Affirm Press, Australia, 2011. Paperback. Condition: New. Language: English . Brand New Book. The antithesis of trendy, Slow LONDON celebrates all that's local, natural, traditional, sensory and most of all gratifying about life in London. It's an inspirational lifestyle guide for locals and regular visitors who want to live more and fret less. Readers are invited to rise up - in their own sweet time, of course - against the culture of speed, fad and uniformity. And instead revel in the things that make this corner of the world unique. Explore the natural features that shape and define London, clip the wings of time, shop with soul, tune into your senses and savour life without spending. See, smell, hear, taste and even touch the city anew and bond with your community and surrounds. There's even a slow guide for fast kids, and lots of inspirational tips, activities and affirmations that will help you get more out of life's simple pleasures. Expressive black-and-white photography by Mark Chilvers conveys the soul of the capital and evokes a sense that everything old is new again.



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Reviews

This publication is amazing. It is definitely basic but shocks in the fifty percent of your publication. You won't feel monotony at anytime of your own time (that's what catalogues are for concerning if you question me).

-- Prof. Kirk Cruickshank DDS

This kind of book is every little thing and taught me to looking ahead of time and a lot more. I am quite late in start reading this one, but better then never. I found out this book from my dad and i encouraged this pdf to find out.

-- Justus Hettinger