

# The Human Condition: Contemplation and Transformation

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### Reviews

Completely essential go through book. This is for all who statte there had not been a worthy of reading through. It is extremely difficult to leave it before concluding, once you begin to read the book. (Lydia Legros)

## THE HUMAN CONDITION: CONTEMPLATION AND TRANSFORMATION



Paulist Press International, U.S. Paperback. Book Condition: new. BRAND NEW, The Human Condition: Contemplation and Transformation, Thomas Keating, Introduction by Ronald F. Thiemann Foreword by Elaine Pagels By a founder of the Centering Prayer movement Originally a Wit Lecture by one of today's key spiritual writers, this is a reflection on contemplative prayer, the search for happiness, and our need to explore the inner world. The search for God, Keating says, is also the search for ourselves, but our self-consciousness gets in the way. He takes the unique angle of the contemplative journey as "divine therapy" for the illness of the human condition, a method for opening up to our own wounded unconscious. As we move into a global culture, he says, this process of letting go of attachments and of self-centeredness is more important than ever. A work of beauty and clarity, The Human Condition - - draws from a wide range of classic and modern spiritual sources, as well as from solid common sense - explains how God is the only true security and how divine love is the full affirmation of who we are - shows how even a life of action needs contemplation and the practice of the presence of God.

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