



201 Organic Baby Purees: The Freshest, Most Wholesome Food Your Baby Can Eat!

By Tamika L. Gardner

Adams Media Corporation. Paperback. Book Condition: new. BRAND NEW, 201 Organic Baby Purees: The Freshest, Most Wholesome Food Your Baby Can Eat!, Tamika L. Gardner, Baby food should be made of the freshest, healthiest ingredients on the planet! Brimming with the biggest variety of purees sure to expand baby's palate, 201 Organic Baby Purees teaches readers to blend well-balanced meals right in their own home. As easy-to-prepare as they are nutritious, these recipes include: * Basic fruit and veggie blends from apricots to zucchini * Classic combinations such as turkey, sweet potato, and corn * Superfoods like avocado, blueberries, and spinach * Puree-based transition recipes including soups, biscuits, frozen deserts, and more! Free of pesticides, hormones, GMOs, and additives, these delicious purees promote strong immune systems and healthy growth—designed to protect tiny tummies!.



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