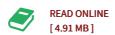




The Experiential Approach: A Fresh New Approach for Creating Immediate Personal Power (Paperback)

By Dean Nelson

Dean Nelson, United States, 2014. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand *****. What a pleasure to read Dean Nelson's personal account in his book The Experiential Approach. He incorporates many sound psychological theories and approaches which are presented in a deeply emotional and authentic way. Nelson provides real life, useful guidance and direction for individuals of all ages to assess and redirect their desires and goals. This moving account of the author's personal struggles and successes throughout his lifelong journey magnifies the intensity of emotion put into this book. The Experiential Approach is designed to provide a simple method for utilizing successful patterns that can work for those who are truly ready to make the effort and commitment. Dr. Anthony J. Barone Clinical Psychologist, EdD The Experiential Approach is a book for the millions of us who are searching for ways to handle the ever-changing streams of stress that complicate our lives. It effectively answers questions like: Do you find yourself in the grasp of procrastination? Do your fears keep you from doing what you want in life? Do you have difficulty maintaining focus? Do your goals always seem to be...



Reviews

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ZONDERVAN, United States, 2014. Paperback. Book Condition: New. 211 x 137 mm. Language: English . Brand New Book. Rachel Macy Stafford s post The Day I Stopped Saying Hurry Up was a true phenomenon on The Huffington Post, igniting countless conversations online...