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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.This book reveals many thoughts and practices of a mindfulness practitioner and educator, named Phe X Bach. His essays are inspiring and dynamics that cover a wide range of topics from Education to Literature and Art. The articles are in Vietnamese, but some of his thinking can be found in the book titled, An Essence Mindful Leadership - Learning Through Mindfulness and Compassion by Phe Bach. Dr. W. Edward Bureau wrote in the Foreword - Leading From Compassion as the following: Flowing in Dr. Phe Xuan Bach s prose and poetry are notions of intentional mindfulness within ourselves and with others. Such is the core of leadership that is being always present in this moment that we share with others. Mindful leadership is existential in nature, both timely and timeless. A practicing Buddhist, Dr. Bach weaves the Dharma into both a concept and practice of leadership that transcends the common definitions of it in the West. In mindful leadership, we lead from the inside out. Becoming a mindful leader is nurtured through daily meditation, a practice that grounds us with equanimity. Of the Western interpretations of leadership, Dr. Bach s intersects with servant leadership but deepens how we might understand and practice it through mindfulness, forgiveness, and peace. . The universality of Dr. Bach s conceptualization of compassionate, mindful, and peace based leadership transcends time, nations, and contexts; it may move us toward completeness within ourselves and without with others. May the poems and prose within this collection give us pause for reflection and transformation.



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