



## Movers, Dreamers and Risk-Takers: Unlocking the Power of ADHD

By Kevin Roberts

Hazelden Publishing & Educational Services. Paperback. Book Condition: new. BRAND NEW, Movers, Dreamers and Risk-Takers: Unlocking the Power of ADHD, Kevin Roberts, Learn to tap the skills and talents unique to those with ADHD and enhance your ability to succeed socially, academically, and in your career. An inability to focus, impulsiveness, misbehaviour, frequent daydreaming, and a predisposal to addiction are frequently referenced traits of Attention Deficit Hyperactivity Disorder (ADHD). But what about the gifts of ADHD? In Movers, Dreamers, and Risk Takers, Kevin Roberts, author of Cyber Junkie, takes a fresh approach to this much-written-about topic to help those with ADHD--their parents, teachers, and friends--to tap the hidden strengths and actual advantages inherent in the ADHD personality. Those with ADHD have a predisposition to confronting the challenges of life and a deep preference for perceiving the world creatively. Roberts helps readers appreciate how the perceptual, interpersonal, and cognitive differences of "ADHDers" like these can be translated into unique skills and talents that can enhance their ability to be successful socially, academically, and in their careers. Roberts combines the latest research with personal stories, as well as insights born from his work with those with ADHD. He shows readers how to...



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### Reviews

*Extensive guideline! Its this sort of excellent read. it had been writtern quite properly and helpful. You can expect to like just how the writer create this book.*

*-- Mr. Gustave Gerhold*

*This book will never be straightforward to start on reading through but quite enjoyable to learn. Better then never, though i am quite late in start reading this one. Your lifestyle span will probably be convert once you complete reading this publication.*

*-- Dr. Kadin Hane DVM*