

## Essentials of Acupuncture



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### ***Reviews***

*This ebook is wonderful. Of course, it really is perform, nevertheless an interesting and amazing literature. Its been printed in an extremely straightforward way and it is simply after i finished reading this ebook where in fact changed me, modify the way i believe.*  
*(Prof. Maxwell Stracke)*

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Low Price Publications, 2017. Hardcover. Condition: New. 1st Edition. Contents: Preface. 1. Introduction. 2. History of acupuncture. 3. Philosophy of acupuncture. 4. Five elements theory. 5. Diagnosis in traditional Chinese medicine. 6. Evaluation and diagnosis. 7. The concept of Qi. 8. Management and research on some disorders. 9. How acupuncture works. 10. Acupuncture anesthesia. 11. Laser acupuncture. 12. Auriculotherapy. 13. Atlas of acupuncture points. 14. Therapeutics of common ailments. 15. Therapeutics of common ailments. 16. Infertility, impotence and acupuncture. 17. Acupuncture in hairfall. 18. Does acupuncture hurts. 19. Related therapies. 20. Explanation of some terms. 21. Marmapuncture. 22. Bibliography. The ever mysterious Qi with the needling technique releases the blocked flow of energy and invigorates our body; takes pressure off our central nervous system. Our body is composed of over 700 pressure points. Its amazing how someone can live in a tremendous amount of pain daily and be so out of touch with their body that they overlook the actual reason behind tension, headaches, stress, pre-existing conditions etc. Acupuncture releases pressure off your central nervous-system and restores your energy field. When someone is experiencing tremendous amount of pain in their body, not only is that pleasant; if you take a deeper look you are also experiencing your bodies energy field being disrupted. Acupuncture is based on a form of traditional Chinese medicine that has been practiced for at least 2,500 years. The theory of why Acupuncture tends to work so well for so many people is that it can manipulate and regulate blood and energy flow connected by 20 pathways or meridians that connect to 2,000+ acupuncture points on the human body. Tiny hair thin needles are inserted into these points providing relief from various ailments. It is also conceived that it regulates the body temperature and assigns it back...

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