



Super Sweet Treats for Diabetics: More Than 330 Delectable Recipes (Paperback)

By Mary Jane Finsand, Karen Cadwell

Sterling Publishing Co Inc, United States, 2003. Paperback. Condition: New. Language: English . Brand New Book. These hundreds of recipes are easy to make and so delicious, they will meet every diabetic s longing for sweet treats, and please the whole family. Every luscious delicacy pays strict attention to the medical requirements necessary for diabetic diets: complete, up-to-the-minute American Diabetic Association exchange lists are included, and calories, carbohydrates and exchanges appear with each recipe. Use the tips and advice on sugar substitutes and tasty spices for making Chocolate Mint Dessert Drink, Cinnaron Swiri Bread, Crisscross Peanut Butter Cookies, and Toasted Coconut Sauce. Take your pick from a healthy Orange Banana Smoothie, Frozen Strawberry Mousse, Mocha Napoleon, Pistachio Pineapple Tart, Ricotta Cheese Pudding, Crepes Marcelle, Lemon Meringue Kisses, Peach Cream Cheese Pie, Cafe-au-Lait Squares, Tiramisu, or Sweet Potato Pie. With these desserts, diabetics everywhere can finally satisfy their sweet tooth and maintain their health.

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