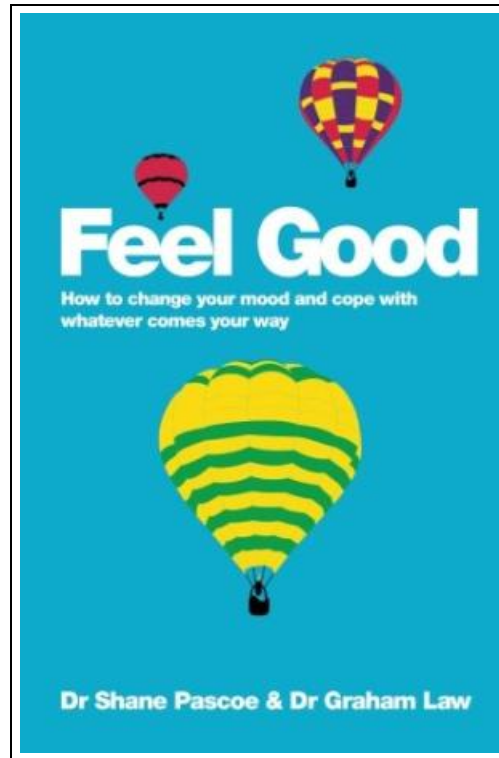


Feel Good: How to Change Your Mood and Cope with Whatever Comes Your Way



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