Off-Grid Guide: Top 20 Long-Lasting Foods the Top 15 Unusual Everyday Items That Will Keep You Well-Fed After Shtf: (Disaster Preparedness) (Paperback)



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Reviews

The book is fantastic and great. It is definitely basic but shocks in the 50 percent in the pdf. Its been printed in an remarkably basic way and it is just soon after i finished reading this publication in which really changed me, change the way i believe. (Dr. Lukas Hills DDS)

OFF-GRID GUIDE: TOP 20 LONG-LASTING FOODS THE TOP 15 UNUSUAL EVERYDAY ITEMS THAT WILL KEEP YOU WELL-FED AFTER SHTF: (DISASTER PREPAREDNESS) (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Getting Your FREE Bonus Download this book, read it to the end and see BONUS: Your FREE Gift chapter after the conclusion. Off-Grid Guide: (FREE Bonus Included) Top 20 Long-Lasting Foods The Top 15 Unusual Everyday Items That Will Keep You Well-Fed After SHTF (Disaster Preparedness) Making the decision to be prepared is only the first step in your journey. Knowing the right foods to stock will make a huge difference in your ability to survive any disaster; whether natural or man-made. The truth is that although many foods proclaim to be long life some have a significantly longer lifespan than others. By storing these foods correctly you will be able to enjoy eating long after the SHTF. Having food available allows you to continue living and build your new life; you will need to become self-sufficient in the long term but you need to eat straight away. The foods included in this book are a mixture of ready to eat items and those which need cooking. But, if necessary the majority of these foods can be cooked over a campfire or a camping stove. While this may not be your long term solution it might be the best option available when the disaster first happens. You will learn the following: Why you need to be prepared and how understanding which foods are long lasting will make a difference to your survival and what your stockpile. Discover the 20 best long lasting food types which you should include in you reserve. There is no guideline regarding how much to stock as this is a personal decision. But, if properly stored there is virtually no limit to how much you could store....

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