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Easy Eats: Slow Cookers (Paperback)

By Murdoch Books

MURDOCH BOOKS, Australia, 2012. Paperback. Condition: New. Language: English . Brand New Book. Fashions come and go but few food trends have enjoyed such a spectacular revival in recent times as preparing meals in a slow cooker (or crock pot). Meals that can be left to cook slowly by themselves after a just little preparation have much to recommend them. They free the cook up to do other things; they work particularly well with cheaper cuts of meat and inexpensive ingredients such as pulses and grains, and they produce flavoursome meals of melting tenderness. From everyday dinner to entertaining, this collection of more than 100 easy recipes takes something old and turns it very much into something new.



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