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## ONE SIMPLE BAKING MIX: 50 FAST RECIPES FOR HEALTHIER CAKES, COOKIES, TREATS AND MAIN DISHES (PAPERBACK)



Filbert Publishing, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. When we embarked on our heart healthy lifestyle, lowered our cholesterol, lost around 200 pounds (total between the three of us), one of the challenges we faced was finding healthy, fast, tasty baked goods. Who likes to come home to an empty kitchen, exhausted after work, only to find nothing to eat, no energy to create a full meal. it s...

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- Authored by Beth Ann Erickson
- Released at 2013



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