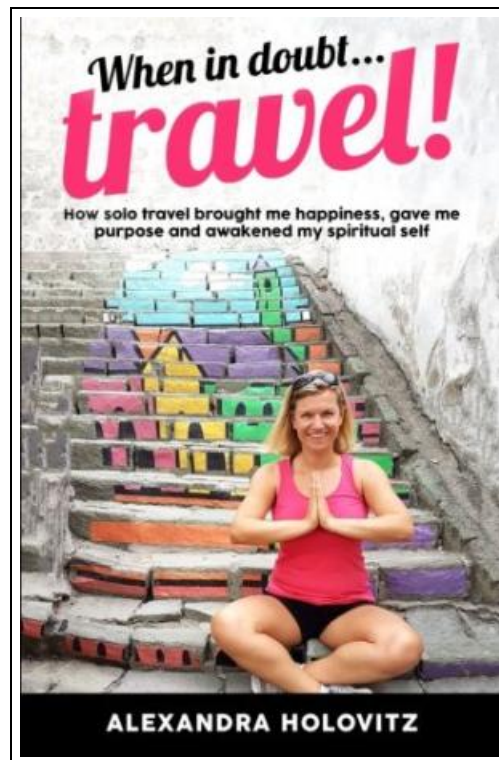


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WHEN IN DOUBT . TRAVEL!: HOW SOLO TRAVEL BROUGHT ME HAPPINESS, GAVE ME PURPOSE AND AWAKENED MY SPIRITUAL SELF (PAPERBACK)



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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Alexandra has written a diary-style guide and narration of her incredible travels and unfolding spiritual journey. Twelve months of adventure, wanderlust and healing as a solo female traveller through New Zealand, Australia and South East Asia. It s written for women, who are in doubt or hesitant to take a plunge and embark on their first time long-term travel. Alexandra firmly believes her personal experiences and life lessons learned through the journey can benefit anyone wanting to travel and dig deeper into personal development. Travel doesn t have to be expensive, complicated or daring. It starts with a simple thing. Making a decision to go. Click and buy your one-way ticket.The rest will unfold on its way! This book is dedicated to the inspiration of people wanting to travel solo. It aims to bring an awareness to be more conscious about your needs, likes and wants in life and enjoy spontaneous happiness through new life experiences. As the travel miles grow the layers of old habits and behaviours fall off and you become more of your true self. Some of the things you will learn are: How to Prepare for Your First Solo Trip How to Travel on a Budget How to Extend Your Travels, Find Work Online and Offline - Give back - Become Volunteer and Teach English - Transition from Fast Travel to Slow Travel - Personal Healing Journey with Deeksha, Ecstatic Dance and Tantra Massage in Bali Plus many travel stories through the world to entertain you experience life, grab it, and face your fears and book that ticket! If in Doubt. Travel! What readers are saying. I love this book so far!!! So proud of you girl....

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