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## Challenge and Improve: Confronting, and Deriving Valuable Life Lessons from, Popular Quotes (Paperback)

By Savania China

Whitley Press, United Kingdom, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.We all love a good quote. Everyone: motivational speakers, business leaders, politicians, even presidents - often rely on quotes to deliver their punchlines. Most of us are guilty of liking, sharing, and posting tons of cliché quotes on social media. Yet, we also get annoyed when others spam us with cheesy quotes. But why do we love and hate quotes? What do they mean to us? How can we tell real ones from fake ones? Does it matter? Are there hidden dangers in our overreliance on them? In this little fun book, the author takes on popular quotes and simply subjects them to common sense sense-checking and testing to see if they stack up. He does not rely on sophisticated research or robust scientific methods to support his arguments. Instead, he relies on opinionated ramblings and diatribes to make his point. The genius of the author is in how he inconspicuously slips in some seriously useful advice on how to deal with life challenges and on how to live a more balanced and thoughtful life. A book that does not demand too...

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