



## Progesterone: The Superstar of Hormone Balance (Paperback)

By Susan Richards M D

Createspace, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Would you like to have deep, peaceful sleep, joyful and calm mood, strong bones and healthy, regular menstrual periods or enjoy a stress-free menopause? Then, Progesterone - The Superstar of Hormonal Balance is the one book that you must have! Written by Susan Richards, M.D., one of the most respected women s alternative medicine experts, this book shares her very effective, all natural treatment program that has helped countless women support their own progesterone production, bring their hormones back into balance and successfully recover from health issues caused by progesterone deficiency. She is also one of the most prominent proponents of bioidentical progesterone and has extensive experience working with this very beneficial hormonal therapy. If you are suffering from conditions related to progesterone deficiency and estrogen dominance like PMS, fibroid tumors, endometriosis, heavy and irregular menstruation, premenstrual breast pain, Polycystic Ovarian Syndrome (PCOS) and menstrual migraines or menopause related hot flashes, insomnia and bone loss, you can greatly benefit from Dr. Richards new book! Rachel came to see Dr. Richards as a patient because she suffered from severe PMS mood swings, bloating and...



## Reviews

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This book can be worth a read through, and far better than other. It can be writter in easy phrases instead of confusing. You will not really feel monotony at at any moment of your respective time (that's what catalogs are for concerning if you check with me).

-- Wilber Altenwerth

## Other Books



Bully, the Bullied, and the Not-So Innocent Bystander: From Preschool to High School and Beyond: Breaking the Cycle of Violence and Creating More Deeply Caring Communities

HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English . Brand New Book. An international bestseller, Barbara Coloroso s groundbreaking and trusted guide on bullying-including cyberbullying-arms parents and teachers with real solutions for a...



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