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Reviews

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Forgotten Books. Paperback. Condition: New. 304 pages. Dimensions: 9.0in. x 6.0in. x 0.6in.Excerpt from Charlotte Medical Journal, 1892Neurasthenia is usually defined as a condition of nerve exhaustion or nervous debility. Neurasthenia may be due to many causes. In some cases it results from severe infections disease; this is especially true in tuberculosis; it may be due to some general organic condition, diabetes, nephritis, constipation and auto-intoxication, pelvic disease in women, etc. ; it may follow severe traumatism, overwork and mental strain, or emotional strain. But in addition to these immediate causes, Hartenberg says, there must exist another factor, deeper-lying, more hidden which allows the exciting cause to become pathogenic. This deeply-rooted, hidden factor can not be looked for elsewhere than in a special predisposition on the part of the nervous system. One of the most constant symptoms of neurasthenia is constant fatigue, disinclination for effort either physical or mental, loss of will power and the power of concentration. There is also nervous irritability, hyperactivity of reflexes, insomnia, etc. , headache, vertigo, ringing in the ears, and heart palpitation and common physical symptoms. In many patients there 19 marked mental depression, this may alternate with periods of abnormal gaiety or hilarity without cause. Hartenberg says: Fatigue is one of the essential symptoms of neurasthenic states. All patients complain with this emphasis of this invincible lassitude which overtakes them as soon as they wake in the morning and remains with them the entire day. In the treatment of neurasthenia each case must be studied carefully; careful examination should lie made for any physical or organic condition causing or complicating the neurasthenia, and if such conditions are found, they should be given proper treatment, - which sometimes may be surgical. With organic causes eliminated, the treatment of neurasthenia. Dr. Ferebee says, should embrace...

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